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| WD | |
| **RESPONSIBILITIES** | **COMPONENT PARTS/SKILLS** |
| Effective defence at centre  pass | * Take interceptions at first phase of centre pass. * Use of 1 on 1 marking to limit receipts (1st and 2nd phase). * Switching on 2nd phase and in end third. |
| Gain possession by forcing  errors, closing off space  and intercepting | * Attacking the path of the ball after tracking. * Dictating opponent to create interception opportunities. * Dictate to opponent to keep off the circle edge and limit feeding opportunities. * Stage two defence. |
| Support through court  attack and be available for  back line pass and on  attacking line. | * Attack through court, losing defenders 1 on 1, moving into appropriate space. * Pass from a static position and from moving to a static or moving player accurately up to a distance of half the court. * Be aware of team mates and how to create space for others. * Availability for back up on attacking third line. |
| Make quick transitions  between attack and  defence and vice versa | * Quick recovery and transition into an effective defending position. * Quick transition into attack to provide an appropriate option. |
| Work in partnership with  centre in defending third | * Dictate player movements in relation to team mate * Switching with Centre in goal third and at centre pass. |
| **Centre** | |
| **RESPONSIBILITIES** | **COMPONENT PARTS/SKILLS** |
| Deliver centre pass  effectively | * Consistency of delivery/accuracy. |
| Tight defence of opposing  centre | * Quick recovery and transition into an effective defending position. * Dictating movement of opponent to creating interception opportunities. * Dictate to opponent to keep off the circle edge and limit feeding opportunities. * Stage 2 defence. |
| Maintain possession -  combining with WA to  deliver ball to shooters | * Variety of passing, releasing from both sides. * Awareness of where to pass and weight of pass – e.g. away from the defenders. * Get around Stage two defence. |
| Maintain possession -  being the link between  defence and attack | * Pass accurately from static and on the move. * Attack through court, losing defenders 1 on 1, moving into appropriate space. * Be aware of team mates and how to create space for others |
| Work in partnership with WD at centre pass and in defending third | * Dictate player movements’ relation to team mate. * Switching with C in goal third and at centre pass. * Quick positioning on defence after scoring. |
| **WA** | |
| **RESPONSIBILITIES** | **COMPONENT PARTS/SKILLS** |
| Be available for centre pass | * Getting free 1 on 1 and 2 on 1. |
| Maintain possession and effective and accurate feeding of circle | * Accuracy and variety of passing skills off both sides. * Awareness of where to pass and weight of pass – e.g. away from the defenders. * Get around Stage 2 defence. |
| Availability on and around the circle edge in relation to team mates | * Losing defenders to arrive at circle free. * Repositioning after pass/non-receipt of the ball. |
| Tight defence of WD | * 1 on 1 defence of WD. * Quick recovery and transition into an effective defending position. * Stage 2 defence. * Dictating to opponent to creating interception opportunities. |
| Work in partnership with GA | * Creating width and depth in attack. * Availability for 1st and 2nd phase of centre pass. * Work with GA in defence of centre pass and backlines. |